

FOOD PHOTOGRAPHY AU NATURAL EQUIPMENT LIST

This course does not require the use of a lot of costly equipment.

Week one - we only use natural daylight with a reflector which can be either a white foam core board or a 5 in one reflector.

Week two - we use one artificial light, such as a speed light along with the same reflector

Week three - we demonstrate the use of two or three lights along with continuous florescent lighting.

Week four - we use continuous light and a Stylus Penlight

The videos and lesson plans demonstrate the use of natural light as well as higher powered strobes to give a clear understanding of their use and application. However ***you do not need to purchase expensive strobes to complete the course.*** If you already have strobes or are willing to purchase one, by all means, you may use them in the course to complete assignments.

During week three we will use up to three lights in my examples. For your assignment, however you can continue to use a combination of daylight and a speedlight(s). If you do not have a continuous light source you may continue to use daylight for this exercise.

You will have access to the videos for 1 year and will be able to download the written lesson plans for future use.

At a minimum, to get the most from the course, I would recommend having the following equipment

-DSLR Camera

-A remote trigger for your camera

- Tripod

- A reflector (could be a white foam core board or 5 in one reflector)

-Minimum of one strobe/speedlight with a softbox that can be remotely triggered from your camera

-Stylus Streamlight

Here are some equipment links:

<https://www.amazon.com/Streamlight-65018-Stylus-4-Inch-Penlight/dp/B00008BF55>

https://www.bhphotovideo.com/c/product/358607-REG/Impact_R1132_5_in_1_Reflector_Disc.html

https://www.bhphotovideo.com/c/product/1083266-REG/interfit_str179_strobies_s_type_speedlight_bracket.html

<https://www.paulcuff.com/fsb.php>

<https://www.paulcuff.com/e640.php>

<https://www.paulcuff.com/db400.php>

https://www.bhphotovideo.com/c/product/844969-REG/PocketWizard_801_130_Plus_III_Transceiver_Radio.html

https://www.bhphotovideo.com/c/product/1040166-REG/vello_rfw_lr_vello_freewave_fusion_lr.html

https://www.bhphotovideo.com/c/product/1175561-REG/phottix_ph85343_40_para_pro_reflective_umbrella.html

https://www.bhphotovideo.com/c/product/1305521-REG/impact_dub_2_deluxe_umbrella_bracket_with.html

With the exception of the Stylus Streamlight, the equipment links above are just samples, and are not meant to be suggestions for you to purchase. You should do further research to determine what equipment will work best for you; depending upon your future needs and goals.